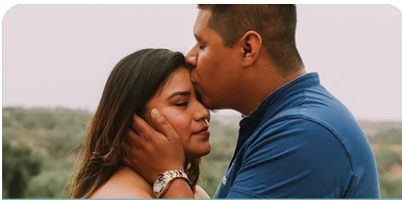




# A virtual community of parents who get it

Other Parents Like Me was founded to address the worldwide crisis of teenage substance use and mental health issues by creating an empowered online community of parents supporting parents with help, hope, and healing.

## MEMBERSHIP INCLUDES



**Member accounts**  
2 unique logins



**Daily Zoom Support Groups**  
Parent-led — early morning, niche topics, late night & more



**Speakers & Expert Panels**  
Featuring parents and leading experts



**Parent stories & Blogs**  
Insights into the journey of parents like you



**A resource-rich hub**  
Podcasts, articles, glossary, apps, books, organizations



**Support directory**  
Professionals in the recovery and wellness space



“As a result of these meetings, my relationship with my son has changed.”  
– Marcie



“These meetings are life changing, in terms of how I view myself, my relationships and the world.”  
– Michael



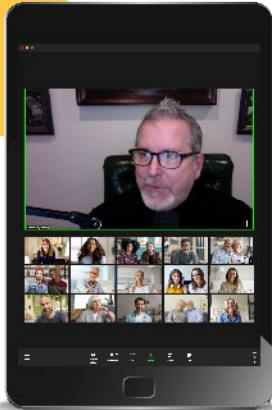
“OPLM groups bring me a sense of connection and help normalize my situation.”  
– Jenny



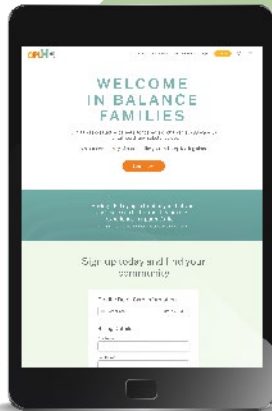
“I feel the parents in these meetings can relate better than any other interpersonal interaction I have.”  
– Jennifer

We believe that we can find healing — *together.*

ELEVATE YOUR PROGRAMS EXPOSURE AND SUCCESS



Brad Reedy, Co-founder & Clinical Director of Evoke Therapy Programs, speaking to OPLM parents on January 13th, 2022



Customized log in page for your Program's parents



We provide your parents a built-in community of hundreds of other parents going through the same experiences. You do not have to hire or maintain staff — it's all set up and ready to go.

- Receive a 50% discount on full membership for your families
- \$50/family/month for one year
- Fee is based on average number of families per year

You receive:

- A customized landing page for your program with parent sign in/login feature
- Displayed in the OPLM directory
- Serve on an OPLM Industry Expert Panel
- Increase exposure to the hundreds of OPLM families
- OPTIONAL ADD-ON: Program-specific meetings. Parents leading knowing your language, get to know your parents and keep the room positive. +\$25/family



MEET SOME OF OUR PEER PARENTS

Peer Parents are just like our members — parents of teens struggling with substance use or mental health issues. They facilitate the meetings and are there to support parents on their journey from crisis to healing. We currently have 25 peer parents onboarded.



Amy

Montana | Leads General Meetings

My youngest child led us on this journey to recovery. We own a small ranch in Montana where we horseback ride and enjoy nature.



Holly

California | Leads Meditation Meetings

I am a Mayo Clinic Trained Wellness Coach and a Certified Parent Coach with the Partnership to End Addiction.



Andy

Georgia | Leads Families with Kids in Programs Meetings

After my daughter went into treatment programs, I not only sought coaching, but became a parent coach myself.



Jackie

Connecticut | Leads Trauma Informed Yoga

I share the stress reduction and lifestyle management that have helped me heal from my own challenges in daily life and as a cancer survivor.